

RSVP NEWSLETTER

Visit our Web-site; www.belen-nm.gov



INSIDE THIS ISSUE:

<i>Mid Rio Grande RSVP</i>	2
<i>Easy Summer Recipe</i>	2
<i>Lori's Lotions</i>	3
<i>Ceramics at Fred Luna Senior Center</i>	3
<i>Calendar of events</i>	4
<i>Honey Bunny Poem</i>	5
<i>Birthdays April – June</i>	6

Marcia Amaro has moved to the Water Department, Bertha Flores is now RSVP Director and a new addition to the RSVP family is Ann McDole she will be the new Clerk Specialist and Senior Olympics Coordinator .

Please Welcome her to the RSVP Family.

BELÉN AREA FOOD PANTRY



The Belén Area Food Pantry has been helping people since the fall of 2003. There are 40 volunteers that help at this site monthly. They help up to 300 people each month. There are 1600 registered families that may receive help. To be a client you have to have proof of residence, valid ID, and has to be in the Belén School District. Each registered client can come in once a month, if you are age 62 or over. All other clients are eligible every other month.

We ask the volunteers what they like about Belén Area Food Pantry? Laurie says that "helping people makes her happy and they feel very blessed to help feed those in need."

The Pantry encourages donations and more volunteers to help feed all the clients that come in for help. It takes \$10.00 to feed a family of 4 for 9 weeks. The goals for the Pantry are that some day they may get our own building and feed more clients . If your are interested in volunteering at The Belén Area Food Pantry please call Laurie Duffy or Magda Rundles at 505-864-8621.

by Bertha Flores

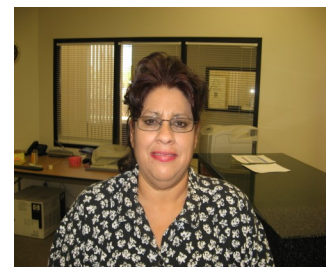
RSVP EMPLOYEES



Marcia Amaro



Ann McDole



Bertha M Flores

Easy Summer Pie Recipe

- 2 cups graham cracker crumbs
- 1/2 cup melted butter
- 2 package (3.4 ounces each) instant vanilla pudding mix
- 2 cups milk
- 1 quart butter pecan ice cream, softened slightly (or other similar ice cream)
- 8 ounces frozen whipped topping, thawed
- 2 Heath candy bars (1.4 oz. each), crushed

Preparation:

In a bowl, combine graham cracker crumbs and melted butter. Pat graham cracker mixture into the bottom of an ungreased 9 X 13 inch baking pan; chill thoroughly in the freezer. In a large mixing bowl, beat pudding mixes and milk until well blended, about 1 minute. Fold in the softened ice cream and whipped topping; spoon over chilled crust. Sprinkle with crushed Heath bars. Freeze. Remove from freezer about 20 minutes before serving. Recipe shared by Janet.

“The best way to find yourself, is to lose yourself in the service of others.”

Ghandi

Mid Rio Grande RSVP

Mid Rio Grande RSVP is up for recertification. As part of the recertification process, we have to develop, and present a plan to make our program better.

This can be accomplished by delivering our current services more efficiently more cost effective, enhance, to develop, and new programs to serve our expanding clients and their diversified needs.

I will be meeting with many of you in the near future to get your thoughts and suggestions, or you may contact Bertha at 505-966-2567 to make an appointment.



Alicia Reza has been a volunteer for over 11 years.



Lua Scott has been a volunteer for over 3 years.



Francis Chick & Priscilla Uriaga are also volunteers.



Magdalena Velasquez has volunteered for over 11 years



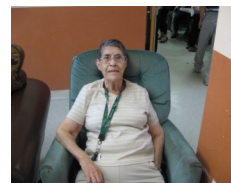
Tino Mascarena, Joe Ray Carrillo, Clyde Jensen, Frank Esquivel, & Pat Garcia



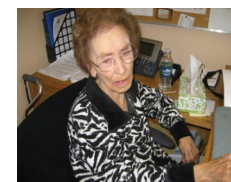
Fillie Baca & Mary Chavez are also volunteers.



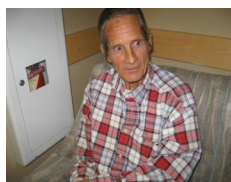
Tim Sanchez, Sisto Sanchez, Frank Gonzales, Joe Ray Carrillo, Vivian Romero, & Gary Nichols



Mary Gutierrez has volunteered for over 21 years.



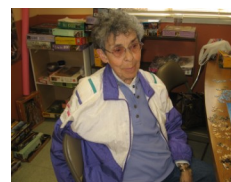
Frances Gabaldon
Is also a volunteer



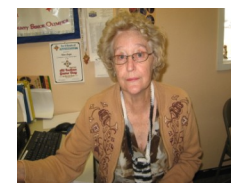
Roger Clark
Calls out bingo at the senior center



Tino Aragon, Joseph Gallegos, Alvaro Sosa, Ralph Gutierrez, Ralph Paiz, & Margaret Sosa



Luz Chavez
Has been volunteering for 21 Years



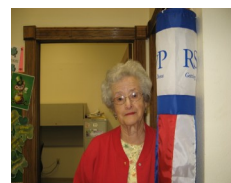
Helen Abeyta
Is also a volunteer
For 11 years



Juan Maestas
Has been volunteer
For 8 years



Rosie Eswibel
Calling Bingo at Fred Luna Senior Center



Carmen Sanchez
Has been Volunteer
For 13 Years

These are just a few of the volunteers that have helped RSVP throughout the years.

RSVP Recognition Luncheon

We would like to recognize all of you at the Recognition Luncheon which will be held April 29, 2011 at the Knights of Columbus. The luncheon is at 11am until 2pm. There will be lots of fun, door prizes, great food, and wonderful music to dance to. Every volunteer eats free but you may bring a guest and they will be charge \$7.00 per plate. Come join the fun. If you would like to **RSVP** please call **Ann McDole** at

505-966-2566.



Pictured top right to left: Lorri Eberlein, Ann, & Sandra.



Pictured top right to left: Lorri Eberlein & Ann McDole

Lorri's Lotions & More...

Lorri Eberlein is our teacher at three senior centers. She has been with us since Nov. 2010. Lorri has taught our seniors in Valencia County how to make lotions, soaps gift baskets. Every one that goes to these classes has a good time. Come down to one of our Senior Centers in Valencia County. Lorri Eberlein will be at the:

Fred Luna Senior Center on
(Mondays: 10:30am-12:00pm)

Bosque Farms on
(Tuesdays: 10:30am-12:pm)

Del Rio Senior Center on
(Wednesdays: 10:30am-12:00pm)

Come join the fun and learn how to make your own fragrance.



We took our annual trip to the

Round House.

Bertha Flores

and

Marcia Amaro

were introduced to the senate as

Mid Rio Grande RSVP

representatives

by; Majority Floor Leader,

Senator Michael Sanchez

Picture by: Jim Rickey



**Rio Metro is
no longer part
of RSVP. You
can
contact
Rio Metro
at
(505)839-5652**



Martha Wallace will show you how to create.

Fred Luna Senior Center

Martha Wallace is RSVP Volunteer that is teaching the group at Fred Luna Senior Center how to have fun doing ceramic.

Martha hours are Tuesday 9:00 am to 2:00 PM also Thursday 9:00 am to 2:00 PM

The charge is \$1.00 per piece must bring in you own brushes and paints .



Bottom right- Laura, Elvira, Carol

SCHEDULE OF EVENTS

- Art Classes for teens Grades (7-12) every Saturday at the Belen Public Library , Time 1:00pm-4:00pm
- Belen Little League 2011 season started April 2nd and will continue through mid-June at Vivian Park
- RSVP Volunteer Recognition Luncheon, April 29,2011 at the Knight of Columbus Hall 121 South 9th St Belen, N.M. Time 11:00 am-2:00pm Must bring your invitation to the door.
- Planning & Zoning Meeting April 6,2011 Village of Los Lunas Council Chambers Time: 6:00 pm
- Council Meeting April 14, 2011 Village of Los Lunas Council Time: 6:00 pm
- 2011 Health Fair April 15,2011 Daniel Fernandez Youth Center Time: 9:00am -3:00pm
- National Drug-Take Back Day April 30, 2011 Los Lunas Police Department

April 2011

SUN	MON	TUE	WED	THU	FRI	SAT
					1 April Fools Day	2
3	4	5 Belen Senior Center Dance 10am-12pm	6 Fred Luna Senior Center Dance 10-12	7 Del Rio Senior Center Dance 10-12	8 Belen City Hall Closed	9
10	11	12 Belen Senior Center Dance 10am-12pm	13 Fred Luna Senior Center Dance 10-12	14 Del Rio Senior Center Dance 10-12	15	16
17	18	19 Belen Senior Center Dance 10am-12pm	20 Fred Luna Senior Center Dance 10-12	21 Del Rio Senior Center Dance 10-12	22 Belen City Hall Closed Earth day	23
24	25	26 Belen Senior Center Dance 10am-12pm	27 Fred Luna Senior Center Dance 10-12	28 Del Rio Senior Center Dance 10-12	29 Recognition Luncheon	30

May 2011

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3 Belen Senior Center Dance 10am-12pm	4 Fred Luna Senior Center Dance 10-12	5 Del Rio Senior Center Dance 10-12	6 Belen City Hall Closed	7
8	9	10 Belen Senior Center Dance 10am-12pm	11 Fred Luna Senior Center Dance 10-12	12 Del Rio Senior Center Dance 10-12	13	14
15	16	17 Belen Senior Center Dance 10am-12pm	18 Fred Luna Senior Center Dance 10-12	19 Del Rio Senior Center Dance 10-12	20 Belen City Hall Closed	21
22	23	24 Belen Senior Center Dance 10am-12pm	25 Fred Luna Senior Center Dance 10-12	26 Del Rio Senior Center Dance 10-12	27	28
29	30 Belen City Hall Closed	31 Belen Senior Center Dance 10am-12pm				

June 2011

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Fred Luna Senior Center Dance 10-12	2 Del Rio Senior Center Dance 10-12	3 Belen City Hall Closed	4
5	6	7 Belen Senior Center Dance 10am-12pm	8 Fred Luna Senior Center Dance 10-12	9 Del Rio Senior Center Dance 10-12	10	11
12	13	14 Belen Senior Center Dance 10am-12pm	15 Fred Luna Senior Center Dance 10-12	16 Del Rio Senior Center Dance 10-12	17 Belen City Hall Closed	18
19	20	21 Belen Senior Center Dance 10am-12pm	22 Fred Luna Senior Center Dance 10-12	23 Del Rio Senior Center Dance 10-12	24	25
26	27 Belen City Hall Closed	28 Belen Senior Center Dance 10am-12pm	29 Fred Luna Senior Center Dance 10-12	30 Del Rio Senior Center Dance 10-12		

July 2011

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5 Belen Senior Center Dance 10am-12pm	6 Fred Luna Senior Center Dance 10-12	7 Del Rio Senior Center Dance 10-12	8	9
10	11	12 Belen Senior Center Dance 10am-12pm	13 Fred Luna Senior Center Dance 10-12	14 Del Rio Senior Center Dance 10-12	15	16
17	18	19 Belen Senior Center Dance 10am-12pm	20 Fred Luna Senior Center Dance 10-12	21 Del Rio Senior Center Dance 10-12	22	23
24 31	25	26 Belen Senior Center Dance 10am-12pm	27 Fred Luna Senior Center Dance 10-12	28 Del Rio Senior Center Dance 10-12	29	30

RSVP now has a photo blog on our web-site Please go on line and check out our pictures.

HONEY BUNNY

It is so much fun sitting here
Looking pretty,

Now I know why Alberta
smiles and gets flirty.
It makes the day so great,
nice and fun, It like a big um-
brella, keeps you from the
sun.

The softness of the chair rubs
off on you, you get the feeling
of sleeping, yes you do!! You
often want to work but the day
goes fast, the softness of her
chair, home to empty the
trash.

You remember Alberta's smile
and want it to last for days,
but no matter what you want
to wink, people look ,smile,
laugh then think.

Think about what the sly wink
meant sometimes good ,
sometimes bad, the message
your sly wink sent. It ok this
message so brief. People will
tend to make their own grief.

So when you see the flirty
Alberta smile, live with it re-
member all the while Alberta
didn't mean to make it seem
funny after all she cares for
her honey bunny

Nick Montoya
Isleta Pueblo



Del Rio Senior Center holds
their dances every Thursday.

Mid Rio Grande RSVP

100 South Main Street
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505-966-2566
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505-966-2566

E-mail
bertha.flores@belen-nm.gov
Shelley.mcdole@belen-nm.gov

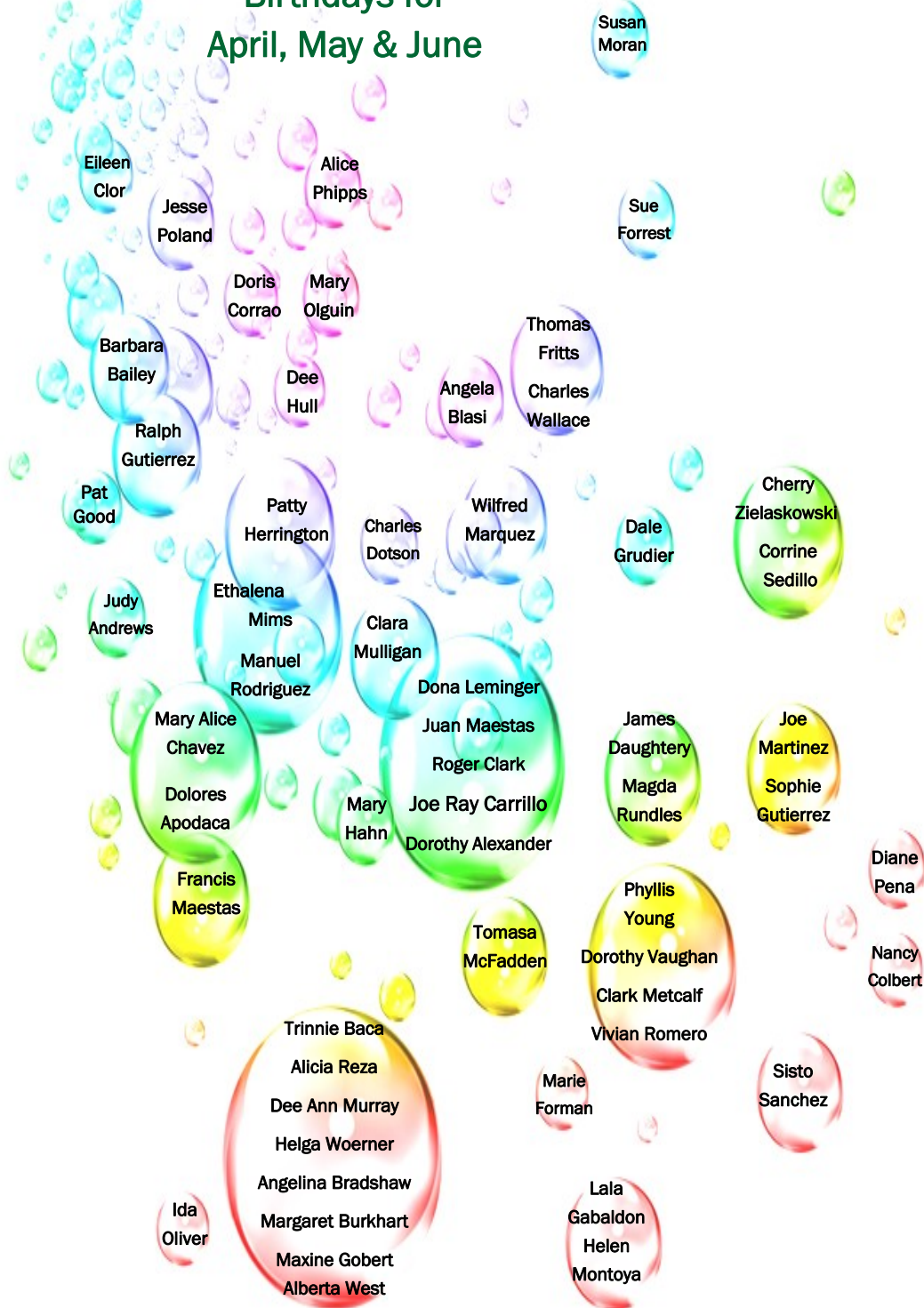
<http://www.belen-nm.gov/departments/rsvp/rsvpSeniorSrvs.htm>

City of Belen



HAPPY BIRTHDAY!!!

Birthdays for April, May & June



*WE HOPE THAT YOU HAVE A VERY SPECIAL DAY!
MAY YOUR WISHES COME TRUE!*